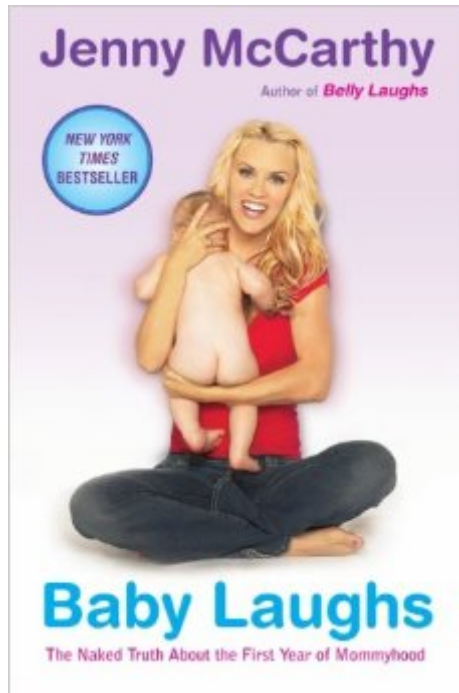


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# Baby Laughs: The Naked Truth About The First Year Of Mommyhood



## Synopsis

Jenny McCarthy's hilarious, no-holds-barred personality has made her an instantly recognizable TV personality and a bestselling author. In *Baby Laughs* she examines the full range of challenges that new mothers face, including: The humiliations of postnatal numbing spray, Tucks medicated pads, and adult diapers; jelly belly, balding, and gum disease; and becoming a five-foot puke rag for the baby. Heart-stopping terrors, such as baby manicures, breathing checks, and burp failures. Inadequacies, such as lullaby illiteracy and the need for a heavy rotation of toys, videos, and mobiles. Daddy antics, such as infant wrestling, home-movie mania, sleeping like a log, and expecting sex. Dueling grandmas, germ-ridden guests, Olympic-class competitive mommies, anorexic pets, and much more. Mothers and fathers will find much-needed relief and insight in this sometimes touching, sometimes gritty, but always perceptive and outrageously funny account of what it truly means to have your very own small bundle of joy.

## Book Information

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## Customer Reviews

This is my first ever book review, but I felt that a lot of people were missing the mark on this book. If you are reading this book for great literature or for sound medical advice, you have got to be kidding me! They make plenty of medical books and offer too many classes (and I took many of them) on the subject. If you are reading this book because you only have five minutes a day to spend on yourself, then you are in for a treat. This sometimes irreverent and crass, but always funny and honest, book is a super fast read and is broken up in quick to read sections. So what if it has

"incorrect" medical advice, that is not the point of the book. She is dead on when it comes to your view of your body, sex after baby, irrational mommy fears, cutting baby's nails, doctor visits, competitive moms (you know we are all one), stroller envy (you know you have had it), following your instincts (when in doubt, call the doctor), taking time for yourself, and so much more! Since the whole book deals with the fears that ALL new mommies have, it is an important book for new moms to read. It deals with all these crazy feelings with humor and lets you know that you are not the only one dealing with them. Jenny McCarthy said almost everything I would ever put in a book about the first few months of baby's life. Thanks for the laughs!

Let me begin by saying that I loved Jenny's first book, "Belly Laughs". As a pregnant woman, I appreciated being able to laugh at some of the not-so-pretty things about carrying a child. So, I looked forward to reading her follow-up and I was not disappointed. I was laughing out loud just by reading her table of contents. In fact, I had only gotten to the 3rd chapter, and I was already calling my sister to read her parts of the book. I had also read the entire book the same day I received it. Jenny discusses the fears that we all have in that first year (first #2, sex again, body image). In one instance, you are throwing your head back laughing, and the next, tearing up over a touching statement (mine was when she talks about moving to the back seat to be with her son right before they leave the hospital - - I totally did that as well). To the people who are saying that she is giving incorrect information, or glossing over things, you need to remember who wrote the book. I think she did a very good job giving snip-its of info on things that she did not experience herself. It was nice to read about two sides of a story (stay at home vs. working mom) and not feeling bad for wanting to be either one of them. Thank you Jenny for relaying hilarious information about raising a child. As my first-born son grows, (5 months) I am discovering every day that motherhood is truly the "best piece of heaven on earth."

I was nine months pregnant...irritable, grumbling, waiting for my husband at a local mall to meet me for dinner. I wandered my expanded butt into the bookstore and bought this book, which I had been meaning to buy after reading both 'Belly Laughs' and Jenny's auto-biography 'Jen-X'. Let me tell you, when my husband is late and I am nine months pregnant...it's just UGLY. Jenny, my husband would like to thank you for saving his life that day. See, he was two hours late...but I didn't care. I sat my butt down in a comfy mall chair and started reading. I was laughing so loud that people were walking by me shaking their heads. A sweet little old lady sat down next to me and said, "What are you reading dear?" How could I tell her I was laughing about baby poop, circumcisions, hemorrhoids,

and cottage cheese butt? I told her I was reading a very funny book on being a new mom. She said she was glad there were books out there that made it funny and that they didn't have anything like it in her day. It wasn't as good as 'Baby Laughs' but still a great read. Jenny tackles all the grudging aspects of new-mom hell with her usual crudely funny sense of humor that we love her for. My personal favorite section is the one where she's trying to remember the lyrics to old lullabies to sing to her child. I found myself doing the same thing with my own son...I even went as far as throwing in whatever lyrics seemed to rhyme. Since I have no idea what comes after "Momma's gonna buy you a mockingbird", my poor child is becoming a connoisseur of Motown instead. I was so glad to hear I wasn't the only one who sounded ridiculous trying to sing a beautiful lullaby to their child.

I read both of McCarthy's books (Belly Laughs and Baby Laughs). While her coarse and brutally descriptive language may be offensive to some, there are some true pearls in her humor. The book is not meant to be an intellectual journey or provide reference, but is wonderful prose for moms just wanting some validation. I laughed out loud at both books and provided you like McCarthy's style, you can't help it. She describes the selfless sacrifice that a mother gives for her child in the voice of the class clown without cheapening the underlying sentiment. She is seriously funny. I would buy as a shower gift (for my "Non-stick-in-the-mud" friends). A perfect lighthearted read for stressed, sleep-deprived moms or moms-to-be.

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